

# Yajur Vedi Avani Avittam

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The duty of all Brahmins is to learn Vedas and preserve it by constant recitation. But this is not being done due to the very fact that in this competitive world, they are forced to earn a living. As redemption all Brahmins are supposed to observe Upakarma every year. This is also called Avani avittam. This is the only festival which is 100% male centric for a Tamil Brahmin. I am giving below the list of rituals to be performed during Upakarma, the manthras to be used as well as the meaning of such manthras. Being not an expert on rituals or the Vedic Sanskrit, I have depended totally on the Tamil translation of the Upakarma (in Sandhya Vandana Bhashya) done by the great Brahma Sri Anna and published by Sri Ramakrishna Mutt, Chennai. As a token of my great respect to this great person, **I dedicate this English translation to Brahma Sri Anna**. The rituals for Rig Vedhis are almost similar but are very different for Sama Vedis. I am giving below the religious rules to be followed for doing Upakarma as given in the book Samkshepa Dharma Sasthra, published from Madras as per the desire of late Paramacharya of Kanchi

Upakarma  
(Annual redemption Ceremony)

This has to be observed both by Brahmacharis and family men. It consists of two parts . Upakarma(Redemption) and Uthsarjana(learning of Vedas). These help the already learnt Vedic chants shine with great vigour. .Any actions done with such strengthened Vedic chants , would give good and better results. Due to our using Vedic cants for various purposes as well as our not being in a position to follow all the rules, make such chanting of Vedas very weak. So it is necessary to do Upakarma and Uthsarjana every year.

1.Kathyayana:-

By the annual performance of Upakarma and Uthsarjana by the Brahmins, The power of the already learnt Vedic chants will increase.

2.Gargya:-

Krishna Yajur Vedis should do it in the Pournamasya of the month of Sravana(avani in Tamil and Chingam in Malayalam.It occurs during august September) , Rig Vedis in the Sravana Nakshatra of Sravana Masa . The day should not be the beginning of the month or eclipse. Upakarma should not be done if it is eclipse or first day of the month(Solar month)

3.Gobhila:-

Krishna Yajur Vedis, who have learned the Taithreeya branch of the Krishna Yajurveda should do Upakarma on the full moon day of the month of Sravana. Rig Vedis should do it in Sravana (Thiruonam) star and Sama Vedis should do it in Hastha star.

For Krishna Yajur vedis , the pournami Thithi should be there from the morning till noon. This is called Oudhayakhi.

### 3. Smruthyanthara:-

If Pournami and Prathama join after 12 nazhigai after sun rise (called Sangha kala-4 hours 48 minutes) and before noon , that is the proper day for annual chant of Gayathri (Gayathri Japam) . If it joins before this time then previous day is Upakarma and next day Gayathri Samitha Dhanam.

### 4. Thithi darpanam:-

Rig vedis should do Upakarma on the day when during sun rise Sravana star is there. Yajur vedis should do when Pournami extends beyond 4 hours 48 minutes . Sama Vedis should do it when Hastha Nakshatra extends beyond this time in month of Bhaadrapada (Purattasi/Kanni/September-October).

If the Simha Bhadrapada is not holy due to Moudya , then they (Sama Vedis) should do it in Kanya month during Krishna Paksha (waxing period of moon)

For Rik Vedis the lord of the Shaka (branch) is Guru, For Yajur vedis it is Shukra , for Sama Vedis it is Angaraka and for Atharva Vedis it is Bhudha. So they should do upakarma when the Lord of their Shakha is powerful.. If these planets are in Moudya (powerless) or when there is eclipse or when there is month beginning, Upakarma should not be performed on that day.

For Yajur Vedis, Pournami in Sravana month is important. If it is bad then they can do in Pournami of Aashada (AAdi/karkidaka/july-august) month . If that also is bad, then they should do in the Pournami of Sravana month after carrying out redemption rituals.

Rik Vedis should do Upakarma in Sravana star in the month of Sravana. If there is dosha during that period , they can do it instead on a day in the same month when Hastha star and Panchami Thithi is together.

Shukla Yajur Vedis should do Upakarma on the full moon day of Sravana month.. If that has dosha they can do it on Sravana star of the same month or on the day when star Hastha and Panchami thithi are together in the same month and if even that is unsuitable they can do it on the day when Hastha star is there in the Sravana month. They can also do it in the full moon day of the Bhadhra pada month. The decision has to be made based on the family custom.

Brahmacharis should do Upakarma after hair cutting. Yajur Vedis should start learning Vedas (Uthsarjanam) on a full moon day of the Pushya month. If this is not suitable they can do it in Magha (Maasi/Kumbha/ February-march) month also.

### 5. Sandilya:-

Upakarma should not be performed with wet cloths. If it is done , it is termed as Rakshasa. During Upakarma, a new sacred thread should be worn, That is Upakarma should be done with new cloths and new sacred thread by every one and in case of Brahmachari they should wear in addition a new belt, new deer's skin and new staff.)

The ritual of Upakarma consists of 7 parts on the Avani avittam (Upakarma day) followed by Chanting Of Gayathri Manthra , the next day. What is given below is in the order that it has to be performed.

## 1.Yagnopa veetha dharana manthra

( Manthra for wearing Poonal-sacred thread)

a.Aachamanam:,Shuklaam Bharadharam..... Santhaye

b.Om Bhoo.....Bhoorbhavaswarom

c.Mamo partha samastha duritha kshaya dwara sri parameshwara preethyartham

    Sroutha smartha vihitha sadachara nithya karmaanushtanaa yogyatha sidhyartham  
brahma teja abhivrudyartham yagnopaveetha dharanam karishye.

**For getting rid of all difficulties and to please lord Parameshwara and also to increase the power that comes when one is a Brahmin, I am wearing this new sacred thread.**

d.Yagnopaveetha dharana maha manthrasya

    Parabrahma rishi(Touch forehead) The sage is Parabrahma

    Trushtup chanda (touch below nose) The meter is Trushtup

    Paramathma devatha (touch heart) The god addressed to is Paramathma

e.Yagnopaveetha dharane viniyoga

    Wear Poonal one by one by reciting(poonal should be held by both hands, the tie in the poonal being held above by the right hand facing upwards.

Yagnopaveetham paramam pavithram praja pathe,

Yat sahajam purasthad aayushyam

Agriyam prathi muncha shubram yagnopaveetham balamasthu theja.

**This sacred thread is very holy and was created along with Lord Brahma and is capable of giving long life and primacy , it is pure white in colour and would grant me strength as well as splendour**

f.After wearing all poonals one by one do Aachamanam

g.Remove the old poonals and break them to pieces by reciting

    Upaveetham bhinna thanthum jeernam kasmala dooshitham, visrujami jale  
    punarbrahman varcho deergayurasthu me.

**I am removing the old sacred thread which is broken , weak and dirty. Oh God grant me long life and light of wisdom.**

h.Do aachamanam.

## 2.Kamo karshet Japam

(The Vedic chant to get rid of sins committed due to passion, anger and avarice)

a.Aaachamanam:Shuklaam Bharadharam.....Santhaye

b.Om Bhoo

c.Mamo partha samastha duritha kshaya dwara parameswara Preethyartham

For getting rid of all difficulties and to please lord Parameshwara

Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya  
balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaramaami

For getting the proper holy time, for getting strength of stars, for getting the strength  
of moon , for getting strength of knowledge , for getting support from God , I again and  
again meditate on Vishnu who is the consort of Goddess Lakshmi.

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari  
kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa  
Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama

For making the unholy, holy in case of all situations, I meditate on the lotus eyed God  
and for getting external and internal cleanliness from the sins committed by the mind as  
well as word and the sins which were earned in performance of duties , there is no doubt  
the only way is to remember the name of the God Rama-Rama, Rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha  
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,  
Sri Govinda , Govinda, Govinda

Today the thithi is Vishnu , and so is the day and star , By yoga as well as performance  
of action the whole universe is filled by Vishnu. Govinda, Govinda, Govinda

Aadhya sri bagavatha mahaa purushasya Vishnor Agnaya , Pravarthamanasya , Aadhya  
brhmana , dweethiya parardhe, swetha varaha kalpe, , Vaivaswatha manvanthare, ashta  
vimsathi thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha  
kande, Mero dakshine parswe. Asmin varthamane , vyavaharike prabhavaadheenam  
sashti samvatsaranaam madhye ,

In the beginning due to the wish of Lord Vishnu , the world started functioning and the  
first Brahma was created. In the second division in the age of the white boar, during the  
rule of Vaivaswatha Manu , in he 28<sup>th</sup> part Kali Yuga , in the first division , in the Island  
of Jambu (Jamun) fruit , in the continent of India , in the country of India , to the south of  
the mountain Meru , in the middle of the 60 year cycle of years starting from Prabhava

----- nama samvatsare, Dakshinaayane, Greeshma rithou, kataka mase, shukla pakshe,  
aadhya pournamasyam shubha thidou, ----- vasara yukthayam, ----- nakshatra

yukthayam, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam pournamaasyam shubha thithou, taishyaam pournamaasyam adhyot sarjana akarana praayaschithartham , samvatsara praayaschithartham, cha ashtothara sahasra samkhyaa “kamo karsheth manyura karsheth” ithi maha manthra japam karishye.

d. Then chant “Kamo karsheth manyura karsheth namo nama” 1008 times

in the ----- year, in the southern solastice , in the Greeshma season (August-september), in the waning period of the moon on the good Pournamasi (full moon) thithi, on ----- day, on ----- nakshatra, in the good yoga , in the good karana , and in the good thithi of pournamasi which has all the good qualities described , for performing the annual redemption for not doing the prescribed rituals and for doing the annual redemption , I chant “Kamokarsheth manyura Karsheth (pardon for the lapses committed out of anger, passion and avarice)”, 1008 times

e. Afterwards perform Achamana and say

”Kama manyu upastham karishye” , Om tat sat brahmaarpanam asthu.

I am ending this kama Manyu Japa,. I am dedicating this to Brahma.

After wards perform Madhyahneekam (the ritual of the noon) .

### 3. Brahma Yagnam.

(The sacred ritual of Brahma)

(This is a daily ritual normally to be performed at noon.)

1. Perform Achamanam
2. Face eastern direction and do “Shuklam baradaram...” Followed by pranayamam “om Bhoo...”
3. Mamopartha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye.

I observe Brahma Yagna for removal of all my problems as well as for pleasing Lord Prameshwara

4. Chant and clean the hands with water  
Vidhyudasi paapmanam vidhya me paapmanam ruthath Sathya mupaim

Oh great God you are like the lightning among clouds and know the sins committed by me and I seek your true self from the playful one.

Do achamanam thrice , wipe your lips twice , touch water once , sprinkle water on left hand and leg and touch head eyes , nose ears and chest

And then chant

Om Bhooo tatsa vithurvarenyam

Om earth , The God who is worthy and eligible  
Om Bhuva Bhargo devasya Dheemahi  
Om Bhuva loka, meditate on the luminous light of God  
Ogum suva Dhiyo yona prachodayath  
Ogum Suva Loka , God make my intellect shine  
Om Bhooo Tatsa vithurvarenyam Bhargo devasya dheemahi  
Om earth , Meditate on the luminous light of that God who is worthy and eligible  
Om Bhuva Dhiyo yona prachodayath  
Om Bhuva loka, God make my intellect shine  
Ogum Suva Tatsa vithurvarenyam Bhargo devasya Dheemahi Dhiyo yona  
prachothayath  
Ogum Suva loka Oh God who is worthy and eligible , I meditate on thine luminous  
light, please make my intellect, shine

5. Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam Rathna  
Dhathamam

I salute Agni who stands first and leads us, who is the first God of all yagna, who has  
the form of Rithvik (one who performs the ritual) as well as hotha (one who benefits) and  
is the one who gives us matchless wealth.

Om Ishe Tworje Thwa vayavasthapayavastha Devo vassavitha prarpayathu  
sreshtathamaya karmane

Hari Om. Oh cows , oh calves , for giving us Anna (food) and Rasa(taste) and  
making us join in the great duty of worship of Gods , you go for grazing and come  
back. Let the Saavithru deva (Sun God), give you good grazing. Om

Om Agna Aayahi veethaye grunano havypadathaye, ni hotha sadhsi bharhishi

Oh Agni you have to come , Please accept our worship because we sing your praise. .  
Whatever we offer to you, please make it reach the concerned devas. You who has been  
invited should occupy your place in the hall of yaga.

Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu na

Oh Gods of water Please satisfy not only those who are thirsty but fulfill all our  
desires and bless us with all that is good, Let by your grace , all our sorrow  
vanish and let us become happy.

After this recite if possible vedic manthras that you know like Rudram,  
Chamakam etc

6. Sprinkle water round the head by reciting

Sathyam Thapa sradhayam juhomi  
The Meditation is the truth, I desire devoted attention

7. Recite three times with folded hands  
Om namo brahmane namosthwagnaye nama pruthwyai nama oshadheebhya namo  
vaache namo vaachaspathaye namo vishnave bruhathe karomi.

Salutations to Brahma. Salutations to Agni(fire God) , Salutations to earth , Salutations to plants and climbers. Salutation to words. Salutation to the lord of words(Brahaspathi).  
Salutations to Lord Vishnu (repeat this thrice)

8.Clean the hands again with water by reciting “vrushtirasi vruschame  
paapmanamamruthath sathyamupaaga” (see 4 above)

Do aachamanam

8. Chant “shuklam baradaram...”
9. Do Pranayamam, “om Bhoo...”
10. Mamopartha samastha duritha kshaya dwara sri parameshwra preethyartham  
deva-rishi-pithru tharpanam karishye.

For removing all my sorrows as well as pleasing Lord Prameshwara , I do the ritual of  
satisfaction of devas, sages and manes

11. Touch water and clean your hands
12. Do deva tharpanam(satisfaction of devas) by pouring water through the tip of  
fingers

- 1.Bramodaya ye deva than devaan tharpayami  
I satisfy the devas lead by Lord Brahma
- 2.Sarvaan devaan tharpayami  
I satisfy all devas
3. Sarva deva ganaan tharpayami  
I satisfy all the society of devas
- 4.Sarva deva pathnis tharapayami  
I satisfy the wives of devas
- 5.Sarva deva ganapathnis tharpayami  
I satisfy all the society of wives of devas

13, Do rishi tharpanam(satisfaction of sages) by wearing yagnopaveetha (sacred  
thread) as garland and pouring out water from the left side of the palm.

- 1,Krishna dwaipayana ye rishaya than rishin tharpayami  
I satisfy the sages lead by Veda Vyasa
2. Sarvaan risheen tharpayami  
I satisfy all sages
- 3.Sarva rishi ganaan tharpayami  
I satisfy all the society sages
4. Sarve rishi pathnis tharpayami

I satisfy the wives of the sages

5. Sarva rishi gana pathnistharpayami

I satisfy the society of wives of sages

6. Prajapathim kanda rishim tharpayami

I satisfy the Kanda rishi called Brahma

7. Somam kanda rishim tharpayami

I satisfy the Kanda rishi called Lord Moon

8. Agnim kanda rishim tharpayami

I satisfy the Kanda rishi called God of fire

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

9. Viswan devan kanda rishin tharpayami

I satisfy the Kanda rishi called Gods of universe

10. Samihithir devatha upanishada tharpayami

I satisfy the Gods of Upanishads presiding over Vedas

11. Yagnigir devatha upanishada tharpayami

I satisfy the Gods of Upanishads presiding over fire sacrifices

12. Varuneer devatha upanishada tharpayami

I satisfy The Gods of Upanishads presiding over water

Put the Yagnopaveetham (poonal) as garland and pour water by towards the left of the palm

13. Havyavaham tharpayami

I satisfy the fire God who bears our oblations

14. Viswaan devaan kanda rishin tharpayami

I satisfy the Kanda rishi called Gods of universe

Pour water by the bottom of the palm towards body

15. Brahmanam swayambhuvam tharpayami

I satisfy the Brahman who is within me

16. Viswan devan kandarishin tharpayami

I satisfy the Kanda rishi called Gods of universe

17. Arunan kandarishin tharpayami

I satisfy the Kanda rishi Aruna who chariots the Sun God

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

18. Sadaspathim tharpayami

I satisfy the lord who presides over everything

19. Rig vedam tharpayami

I satisfy the Rig Veda

20. Yajur Vedam tharpayami

I satisfy the Yajur Veda

21. Sama Vedam tharpayami

I satisfy the Sama Veda

22. Atharvana Vedam tharpayami

I satisfy Atharvana Veda

23. Ithihasa puranam tharpayami

I satisfy the epics

24. Kalpam tharpayami

I Satisfy the eons

14. Only those who have lost their father (others go to step 15) do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb and index finger.

1. Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara than pithrun tharpayami,

I satisfy my manes lead by moon the leader of manes, Yama the god of dead ones and Fire, the carrier of our offerings.

2. Sarvaan pithrun tharpayami

I satisfy all my manes

3. Sarva pithru ganam tharpayami

I satisfy the society of manes

4. Sarva pithru pathnistharpayami

I satisfy the wives of manes

5. Sarva pithru ganapathnistharpayami

I satisfy the society of the wives of manes

6. oorjam vahanthi amrutham grutham paya keelaalam parisruyatham swadaastha tharpayatha me pithrun trupyatha, trupyatha, trupyatha

Please be the juice of food, nectar, Ghee, milk, honey and Jaggery water and satisfy my manes, Satisfy, satisfy, satisfy

7. Aabrahma sthambha paryantham jagat trupyathu

I satisfy this universe as long as Lord Brahma exists

15. Put the yagnopaveetha in the normal fashion

Pour water saying Om That sat Brahma marpanamasthu

And then do aachamanam.

## 4. Maha Samkalpam

( after Madhyaanikam and Brahma yagnam\*)

a. Aachamanam

b. Shuklam baradharam.....

c. Om bhoo

d. Maha samkalpam

Apavithra pavithro vaa sarvaavasthaam gathopi vaa, ya smareth pundari kaksham, sabahyanthara suchi, manasam vaachikam paapam, karmanaa Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya. Sree rama Rama rama

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For making the unholy, the holy in case of all situations , I meditate on the lotus eyed God and for getting external and internal cleanliness from the sins committed by the mind as well as word and the loins which were earned in performance of duties , there is no doubt the only way is to remember the name of the God Rama-Rama, Rama

Thithir Vishnu, Tatha vaara, nakshatram Vishnu reva cha  
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,  
Sri Govinda , Govinda, Govinda

Today the thithi is Vishnu, and so is the day and star, By yoga as well as performance of action the whole universe is filled by Vishnu. Govinda, Govinda, Govinda

Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthyaya , aparimithaya,  
sakthyaa, briyamaanasya, mahaa jaloughasya madhye,

In the middle of the great waters which are maintained by the power which cannot be estimated of the primeval God, the ancient Vishnu and the Ancient Narayana

paribrhamatham aneka koti brhmaandanam madhye,

In the middle of crores of rotating universes

eka thame, prithya aptejo vayvakaasaa ahankaradhi -mahada vyakthai-aavaranaair-  
aavruthe-

In the unified whole of Earth which is encircled by air and sky in a clear fashion

asmin mahathi bramanda-karandaka-madhye

In the middle of our universe

aadhara sakthi –koormaa nandathi ashta diggajopari prathishtithasya , athala-vithala-  
suthala-rasaathala-thalaa thala-mahaathala-pathalakyai loka saphthakasya upari thale,

Above the seven nether worlds of Athala, Vithala , Suthala , rasatala, Thala Thala and Patala , where the basic power in the form of Varaha established the world on the back of eight elephants,

punya kruthaam nivaasabhuthe bhoor –bhuvan-suvar-mahar-janarr-thapa-satyaakhyai  
loka shatkasya adho bhage

Below the six worlds which are residences of the ones who do holy acts viz. Bhuva,  
Suva, Maha , Jana, Thapa and Sathya

mahaa nalayamana phani raja seshasya sahasra phanaa mani mandala mandithe,

Where the thousand heads of Adhi Sesha are spread everywhere,

dighdanthi-shunda dhanda-uttambhithe,

Where sounds roar in all directions,

panchasath koti yojana vistheerne,

Which is of the area of 50 crores yojanas,

lokaloka –achalena valayithe

Which consists of populated areas and mountains,

lavaneshu-sura-sarpi-dhadhi-ksheera-udakaarnavischa parivruthe,

Which is surrounded by the oceans of salt, Surapana,(an intoxicating drink), Sarpa ,  
curd, Milk and water,

jambhu-plaksha-saka-salmali-kusa-krouncha-pushkarakhya saptha dweepanaam madhye

In the middle of seven islands called Jambu , Plaksha, Saka, Salmali , Kusa , Krouncha  
and Pushkara,

, Jamboo dweepe,

In the Jamboo island,

Bharatha varshe,

In the continent ruled by King Bharatha,

bharatha kande,

In the sub continent of India,

prajaapathi kshetre

In the area created by Lord Brahma,

dandakaaranya-chamapakaaranya-vindhyaaranya-veekshaaranya-vedaaranayaadhi,  
aneka punya aaranyaanam Madhya pradeshe,

In the middle of the area surrounded by the forests of Dandakaranya, Champakaranya,  
Veeksharanya ,Vedaranya and other holy forests,

karma bhoomou,

**In the land of action**

rama –sethu-kedharayoo madya pradaeshe ,

**In the middle of Kedharnath and the bridge built by Rama,**

Bhaageerathi-Gouthami-Krishna veni-Yamuna-Narmadaa-Thungabhadhraa-Triveni-  
Malaapahaarini-kaveri- ithyadi , aaneke punya nadhi viraajithe,

**In the area where several holy rivers such as Ganga, Gouthami, Krishna veni , Yamuna ,  
Narmada, Thunga Bhadra , Triveni, Malaprabha , Kaveri etc flow,**

Indraprastha-Yamaprastha-Aavanthikaapuri-Hasthinaapuri-Ayodhyaa puri-Maayaa puri-  
Kasi puri-Kanchi puri-Dwarakaa aadi aneke punya puree viraajithe

**In the area where cities like Indraprastha, Tamaprastha , Avanthikapuri, Hasthinapuri ,  
Ayodhya , Maya Puri , Benares, Kanchipuram , Dwaraka etc shine,**

Sakala jagat srushtu, parardha dwaya jeevana, bramana dweethiya parardhe, Pancha  
sathabdhou

**In the fifty years of the second parardha of Brahma who creates all the world and lives  
two parardhas,**

, prathame varshe, prathame mase, prathame pakshe, prathame divasae,

**In the first year , first month , first Paksha (moon phase) and first day,**

aahni, dweethiye yame,

**In the day time in the second yaama (four Yamas make 12 hours),**

trithiye muhurthe,

**In the third Muhurtha,(30 muhurthas make one day)**

swayambhuva-swarochisha-uthama-thamasa-raivatha-chakshu shaksheshu, shatsu  
manusha atheetheshu,

**After the period of the six manus called Swayambuva, Swarochisha, Uthama, Thamsa,  
Raivatha and Chakshusha, (the kings who were ruling entire earth)**

sapthame vaivaswathe manvanthare,

In the seventh Vaivaswatha manvanthara,(Vivaswan was a Manu)

aashta vimsathi thame,

In the twenty eighth Chathur yuga,

kali yuge,

In Kali yuga,

prathame padhe,

In its first part,

Jamboo dweepa, Bharatha varshe , Bharatha kande, Mero dakshine parswe. Asmin varthamane , vyavaharika prabhavaadheenam sashtya samvatsaranaam madhye , ----- nama samvatsare, Dakshinaayane, Greeshma rithou, Karkidaga mase, shukla pakshe, aadhy pournamasyam\* shubha thidou, -----vasara yukthayam,----- nakshatra yukthayam, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam pournamaasyam\* shubha thidou,

In the island of Jambu , In the continent of Bharatha, In the country of Bharatha, south of mount Meru , in the middle of the sixty year cycle of years which is in practice. in the ----- year, in the southern solastice , in the Greeshma season (August-september), in the waning period of the moon on the good Pournamasi (full moon) thithi, on ----- day, on ----- nakshatra, in the good yoga , in the good karana , and in the good thithi of pournamasi which has all the good qualities described

anaadhy avidhya pravarthamane asmin mahathi samsara chakre ,

In the growing wheel of life which does not have any beginning and grows through ignorance,

vichitrabhi karma gathibhi vichitrasu yonishu puna puna anekadha janithwa ,

Being born in varied wombs due to Karma several times,

kenapi punya karma viseshena idhaanimthana manushye dwijanma visesham prapthavatho ,

But due to the holy deeds done , being born as a man and specially as a Brahmin,

Mama jjanmabhyasa jjanama prabruthi ethath kshana paryantham ,

And in the several births that I have taken till this time,

baalye, vayasi kaumare yowane vaardhake cha jagrath swapna sushupthya avasthamsu

In the childhood, youth and elderly age and in the states of wakefulness, dream and sleep,

mano vak kaya karmendriya jnanendriya vyaparai,

due to the dealings of mind , words , body and organs of action,

kama-krodha-lobha-moha-madha-mathsaryaadhi sambhavithaanam,

born out of passion , anger, . avarice, desire , exuberance and competition,

iha janmani janmanthare cha jnana ajnana kruthaanam ,

in this birth and in all previous births , knowingly and unknowingly done,

maha pathakanaam mahaa patathakanumanthratwadeenam ,

Great sins and having been the cause for doing great sins ,

samapathakaanaam upapaathakaanaam

normal sins and subsidiary sins

malini karanaanam

making things dirty

nindhitha dhana dhaano upa jeevanaadeenam

For having done hateful actions for the sake of earning wealth to lead a life,

aapathrikananaam ,

by giving and taking from unsuitable sources,

jathi bramasa karaanam ,

for actions which lead to the deterioration of my caste,

vihitha karma thyaagaaadeenam,

For not doing rituals which should have been done,

jnanadha sakruth kruthanaam ajnanatha asakruth kruthaanam ,

for having left actions which are proper knowingly and unknowingly doing proper things,

sarveeshaam papaanam sadhya aapanodhanartham,

For redemption of sins of all these types,

aswatha narayana sannidhou-deva brahmana sannidhou-tryaa trimsath koti devathaa sannidhou,

In front of the banyan tree, in front of devas and brahmanas, in front of 33 crores of gods,

-sri visaalakshi sametha visweswara swami sannidhou-mahaa ganapathi sannidhou-seetha lakshmana bharatha sathrugna-hanumt samedha sri rama chandra swami sannidhou,

In front of Kasi Viswanadha accompanied by Visalakshi, , in front of Lord Ganesa, In front of Lord Rama accompanied by Sita, Lakshmana, Bharatha and Shathrugna,

-sri rukmani sathyabhama samedha sri gopala Krishna swami sannidhou-hari hara puthra swami sannidhou-sri lakshmi narayana swami sannidhou ,

In front of Lord Gopalakrishna accompanied by Sathyabhama and Rukmani , in front of lord Aiyappa., In front of Lord Lakshmi Narayana,

sraavanyaam pournamasyaam adhyopakrama karma karishye.

I start learning of Vedas in this Pournami with Sravana Nakshatra

Thadangam sravane pournamasi punyakale sareera shudhartam shuddhodhaka snanam aham karishye

As a part of this during the Pournami and Sravana , for the sake of cleaning my body , I take bath

Athi krura maha kaya, kalpanthahanopama,  
Bairavaya namasthubhyam anujnam dathu marhasi

I salute Lord Bhairava who is very cruel, who has a big body,  
Who does not have any similar ones in this age,  
And take his permission to proceed further.

## 5.Yagnopa veetha dharana manthra

After bath again change poonal by reciting manthra as given in s.No.1.Please note that now a days very rarely people take bath after mahaa sankalpam but do prokshana snanam i.e bath by sprinkling of water on the head.

## 6.Kanda Rishi Tharpanam

- 1,Aachamanam
- 2,Shuklaam baradharam
- 3.Om bhoo
- 4.Mamo partha samastha durida kshya dwara sri parameshwata preethyartham  
sravanyaam pournamaasyam adhyoyapakrama karmangam kanda rishi tharpanam  
karishye.

For getting rid of all problems that have occurred to me and for pleasing Lord Shiva , in the pournami accompanied by Sravana Nakshatra , as a part of my learning Vedas I do the oblation to Kanda rishis

Wear poonal as garland and do tharpanam using water mixed with thil (black gingely) and akshatha

Each manthra has to be chanted thrice and tharpanam done.

- 1.Prajapathim kanda rishim tharpayami  
I satisfy the Kanda rishi called Prajapathi
- 2,Somam kanda rishim tharpayami  
I satisfy the Kanda rishi called moon
- 3.Agnim kanda rishim tharpayami  
I satisfy the Kanda rishi called fire
- 4.Viswaan devaan kanda rishim tharpayaami  
I satisfy the Kanda rishi called devas of the world
- 5.Saahinkeer devatha upanishadha tharpayami  
I satisfy Upanishads which are devathas of collections of Vedas
- 6.Yagnigeer devatha upanishadha tharpayaami  
I satisfy Upanishads which are devathas of collections of Yagnas
- 7.Vaaruneer devatha upanishadha tharpayami  
I satisfy Upanishads which are devathas of collections of Varuna
- 8.Brhamanagum swayubhuvam tharpayaami  
I satisfy the Brahman which is within me
- 9.Sadasaspathim tharpayami  
I satisfy the presiding deity

wear yagnopavita (poonal) in the normal fashion and then do aachamana.

## 7.Vedarambham

This is the most important part of Avani Avittam. We as Brahmins restart on this day chanting of all Vedas and its branches symbolically

Adhya poorvoktha evam guna viseshena viishtayam , asyam sravanyam pournamasyam , Vedarambham karishye

In the Pournami of Sravana month which has the good qualities as told earlier, I am starting the chanting of Vedas

Hari Om. EEshethworje thwam vayavastho payavastha devo vas savitha prarpayathu sreshta thamaya karmane.Om

Hari Om. Oh cows , oh calves , for giving us Anna (food) and Rasa(taste) and making us join in the great duty of worship of Gods , you go for grazing and come back. Let the Saavithru deva (Sun God), give you good grazing. Om (these are the first line of Yajur Veda)

Bhadram karnobhi srunyama deva. Bhsadram pasyemaksha bhiryajasra. Stirai rangai sthushtuva un sa sthanoobhi. Vyasema deva itham yadaryu. Swasthi na indro vrudha srava, swasthi na poopa viswarveda, swasthi nasthakshyor arishta nemi. Swasthi na brahaspathim dadhathu. Om

Oh devas , with your ears hear the good that we have to say. Oh people fit to be worshipped , please see with your eyes the good we do. Let us pray Devas with healthy body parts and body and attain the life span that the devas have. Let Indra who has great fame give us all that is good. Let the Sun god who knows everything give us all that is good. Let Garuda who does have any obstacles in the way give us all that is good. Let Brahaspathi give us all that is good.

Adatho darsa pournamasyai vyakhyasyama. Prathar agnihothram hruthwa. Anyamavahaneeyam praneeya. Agnin vadadhathi . Na gatha sriyonya magnim pranayathi. Om

We are now describing Amavasya and Pournavasya. We have to finish agnihothra in the morning , then establish ahavanneeyagni and worship fire. The widower should not worship any other havanneeyagni. Om (From Apasthamba sroutha suthra)

Adha karmani. Acharadhyani grahasthe. Udthagayana poorvapakshaha. Punyaheshu kaaryani. Yagnopaveethina pradakshinam. Om

Now the ritual duties. These are to be done by Grahshthas as per teaching of Acharyas. These have to be done in the Poorva paksha, day time and sacred days. They have to be done with the sacred thread in the clock wise fashion. (From Apasthamba sroutha Suthra)

Adhatha saamayacharikaan dharman vyakyasyama. Dharmagna samaya . Pramanam Vedaascha. Chathwaro varna. Om

We now tell the Dharma which is ancient and followed by our ancestors. These are based on the Vedas and the words of the people who know Dharma. There are four Varnas. Om (Apasthambha Dharma Suthra)

Aye un. Rulrukh, A od, I ouch, Haya varat. Lan. Gnamadan nam. Jabhagn. Gadadhsh. Jabagada Das. Khafachatath. Chatanav. Kapay. Sashasar. Hal. Ithi Maheswara Suthrani

Aye.....Hal. These are the Suthras of Maheswara(the great god)

Geernisa sreya . Dhenava sri. Rudrasthu namya. Bhago hi yagnya.Dhanyeyam nari. Dhanavan puthra. Om

Let our words lead to greet good. Let our wealth and cows grow. Rudras are fit to be worshipped. Let God be worshipped by fire sacrifices. Let my lady grow wealthy. Let my son become rich. Om(From Jyothisha suthra)

Agnimeele purohitham yagnasya deva mruthwijam. Hotharam rathna dathamam. Om

I salute Agni who stands first and leads us, who is the first God of all yagna, who has the form of Rithvik as well as hotha andis the one who gives us matchless wealth.

(This line consists of the first words of the Rig Veda )

Agne aayahi veethaye grunano havya dathaye , Ni hotham sathsi barhishi om

Oh Agni you have to come , Please accept our worship because we sing your praise. . Whatever we offer to you, please make it reach the concerned devas. You who has been invited should occupy your place in the hall of yaga.

\*This line consists of the first words of Sama Veda

Adatho Brahma Jignasa, Om

My salutations to Brahma

Om namo brahmne , namosthvagnaye , nama pruthwayai , nama Oshadheebhya . Namovache namo vachaspathaye , namo vishnave brahathe karomi Om (Evam Thri)

Salutations to Brahma. Salutations to Agni(fire God) , Salutations to earth , Salutations to plants and climbers. Salutation to words.

Salutation to the lord of words(Brahaspathi). Salutations to Lord Vishnu (repeat this thrice)

## **Gaayathri japam (To be performed the next day after Sandhya Vandanam)**

- 1.Aachamanam
- 2,Shuklaam baradharam
- 3.Om bhoo
- 4.Mamo partha samastha duritha kshya dwara sri parameshwara preethyartham Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaraami

For getting rid of all our problems and to please Lord Parameshwara , in this time which is good ,which has the power of stars , the power of moon, the power of knowledge , I meditate on the consort of Goddess Lakshmi

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama

For making the unholy, the holy in case of all situations , I meditate on the lotus eyed God and for getting external and internal cleanliness from the sins committed by the mind as well as word and the loins which were earned in performance of duties , there is no doubt the only way is to remember the name of the God Rama-Rama, Rama

Shubhe Shobane muhurthe adya Brahmana dwiteeya paradhe , Swetha varaha kalpe, Vaivaswatha Manvanthare, Ashtavimsathi thame , Kali yuge, Prathame pade, Jambhu Dwipe, Bharatha Varshe,Bhartaha Kande, Mero Dakshine Parswe, Sakabdhe, Asmin Varthamane Vyavaharike, Prabhavadhi Sashti Samavathsaranaam Madhye,

In the beginning due to the wish of Lord Vishnu , the world started functioning and the first Brahma was created. In the second division in the age of the white boar, during the rule of Vaivaswatha Manu , in he 28<sup>th</sup> part Kali Yuga , in the first division , in the Island of Jambu (Jamun) fruit , in the continent of India , in the country of India , to the south of the mountain Meru , in the middle of the 60 year cycle of years starting from Prabhava

----- nama Samvathsare , Dakshinayane, Greeshma Rithou, Karkidaga mase Krishna pakshe aadhya prathamaayam shubha thidou ----- vaasara yukthayaam ----- nakshatra yukthayaam shubha yoga shubha karana evam guna viseshana visisishtaayam

asyaam prathamaayam shubha thidou mithyaa theetha prayaschittartham ashtothara sahasra samkya gayatri maha manthra japam karishye.

in the ----- year, in the southern solstice , in the Greeshma season (August-september), in the waning period of the moon on the good Pournamasi (full moon) thithi, on ----- day, on ----- nakshatra, in the good yoga , in the good karana , and in the good thithi of pournamasi which has all the good qualities described , for performing the annual redemption for not doing the prescribed rituals and for doing the annual redemption , I chant the Gayathri manthra (Om bhur bhuva suva , thathsa vithur varenyam, Bhargo devasya deemahi ,Dhiyo tona prachodayath\*.) 1008 times

\* meaning “Oh God who is worthy and eligible , I meditate on thine luminous light, please make my intellect shine”

Start from Pravasya Rishi brahma.... followed by aayathith anuvagasya... and then chant the gaythri manthra 1008 times.

Complete with Abhivaadaye and then complete with

Kayena vacha.....