

Pratha smarana Soorya stotram  
(Morning prayer to Sun God)

Translated by  
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(Normally A Hindu prays God as soon as he gets up. These prayers are necessarily short and should make his mind dissolve in devotion to the God. Here is a morning prayer addressed to the Sun God.)

Pratha smarami Khalu thath savithur varenyam,  
Roopam hi mandala mruchodha thanur yajjomshi,  
Samaani yasya kirana prabhavadhi hethum,  
Brahmaa harathma kamalakshya machinthya roopam. 1

I meditate in the morning, upon the greatly exalted form of Sun God,  
Whose plane is Rig Veda, whose body is Yajur Veda,  
Whose rays are Sama Veda , who is the source of light,  
And whose unimaginable form does the work of holy trinity.

Prathar namami tharinam thanuvag manobhi,  
Brahmendra poorvaka surairnatha marchitham cha,  
Vrushti promachana vinigraha hethu bhootham,  
Trilokya palana param , trigunathmakam cha. 2

I salute in the morning, the sun god who has a body of fire,  
With my body , words and my mind,  
Who is being worshipped by Brahma and other devas,  
Who causes rain and also becomes the cause of no rain,  
Who looks after all the three worlds and has three qualities.

Prathar Bhajami savithara manantha shakthim,  
Papougha shathru bhaya roga haram param cha,  
Tham sarva loka kalanathmaka kala moorthim,  
Go khanda bandhana vimochanamadhi devam. 3

I sing in the morning about Sun God with his limitless powers,  
Who is divine and removes sin, enemies, diseases and sorrows,  
Who is the source of measurement of time for all the worlds,  
Who is the primeval God responsible for freeing the tie in the neck of Cows

Slokathrayamidham Bhano Pratha kale padethu ya,  
Sa sarva vyadhi nirmuktha prama sukhavamapnyath. 4

Those who read the three stanza prayer to Sun God in the morning,

Would get rid of all diseases and would enjoy pleasures in the other world.